**OVEREATERS - ANONYMOUS**  
**WESTERN NEW YORK (including Ontario; Niagara Region)**

**ZOOM MEETING SCHEDULE**

<table>
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<tr>
<th>Meeting Day and Time</th>
<th>Meeting ID</th>
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<tr>
<td>5:30 PM Sunday</td>
<td>162-734-044</td>
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<tr>
<td>1:00 PM Monday</td>
<td>838-209-842</td>
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<tr>
<td>6:00 PM Monday - New Comers Meeting</td>
<td>378-554-844</td>
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<tr>
<td>7:00 PM Tuesday</td>
<td>794-505-560</td>
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<tr>
<td>1:00 PM Wednesday</td>
<td>838-209-842</td>
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<tr>
<td>7:30 PM Thursday</td>
<td>840-9882-8375</td>
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<td>1:00 PM Friday</td>
<td>838-209-842</td>
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<td>6:00 PM Friday</td>
<td>454-040-281</td>
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<tr>
<td>10:00 AM Saturday</td>
<td>229-318-592</td>
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**AS A PRECAUTION, ALL OF OUR ZOOM MEETINGS ARE PASSWORD PROTECTED. PASSWORD IS: 7166944848**

All Zoom meetings are also accessible by people without a computer by dialing in using their telephone.

**To dial in the numbers below:**

+1 646 558 8656 US (New York)

Enter the Meeting ID then press #.

Note: Closed meetings are for those who have a desire to stop eating compulsively; Open meetings are for anyone interested in learning about the OA program.

(*) Meeting is handicap accessible  
(**) Meeting is 90 minutes otherwise 60 minutes

**SUNDAY**

5:30 PM (*) Cheektowaga, NY 14225 - Cleveland Heights Christian Church, 4774 Union Rd. (near Cleveland Dr.). Contact::Janet(716)418-9465 Group #: 30927. Open

**MONDAY**

10:00 AM (**) Amherst, NY 14226 – Trinity Old Lutheran Church, 3445 Sheridan Drive. Contacts: Anetta (716) 275-5498, Marilyn (585) 798-3325. Group #: 04957

*****NO MEETING AT THIS TIME*****

6:00 PM Buffalo, NY 14210 – Grace Church, 174 Cazenovia St.  
Contact: Call or Text Stacey (716)553-0297  
Group # 45850 NEW COMERS MEETING

1:00PM ZOOM MEETING ID# 838-209-842 Open

**TUESDAY**

7:00 PM (*) Williamsville, NY 14221 - The Hope Center, 781 Maple Rd. (at N. Forest & Maple Rd.). Contact: Victoria A. (716) 839-2102, Group #: 51472. Open

7:00 PM St. Catharines, ON – First Grantham United Ch., 415 Linwell Avenue Contact: Melva (286) 686-6280 Group #: 51490 Open

**WEDNESDAY**

1:00PM ZOOM MEETING ID# 838-209-842 Open

10:00AM (*) Williamsville, NY 14221 – Harris Hill United Methodist Church, 8495 Main St. (at Harris Hall). Contact: Mary (585)405-6065. Group #: 56812 Open In Person Meeting Only

**THURSDAY**

7:30 PM (*) Hamburg, NY 14075 – St. Matthew's Church, 5289 McKinley Parkway. Contact: Johnny (716) 479-2574 Group #: 04841.

**FRIDAY**

1:00PM ZOOM MEETING ID# 838-209-842 Open

6:00 PM (*) Cheektowaga, NY 14225 – Cleveland Heights Christian Church, 4774 Union Rd. (at Cleveland Dr.). Contact: CaroleH. (716)208-5220. Group #: 38171. Open

**SATURDAY**

10:00 AM St. Catharines, ON – First Grantham United Ch., 415 Linwell Avenue Contact: Bonnie (905) 688-9080. Group #: 46995. Open

10:00 AM( *) Cheektowaga, NY 14225 – St. Stevens Bethlehem UCC., 750 Wehrle Dr. Contact: Sue M. (716) 480-7780 Group #: 11330. Open

**WESTERN NEW YORK INTERGROUP(•)(**) – Every FIRST Saturday of the month at 9:00 AM  
St. Stevens Bethlehem UCC 750 Wehrle Dr. Cheektowaga, NY 14225 ZOOM ID# 229-318-592 (same as Saturday meeting)

**IMPORTANT NUMBERS / ADDRESSES**

Western New York OA website: www.oawny.org. Intergroup number: 09056

To make a donation mail check to: Western NY OA Intergroup, P.O. Box 936, Williamsville, NY 14221

OA Hotline: 716-694-4848

Region 6 Website: www.oaregion6.org

For changes to Meeting List, meeting contacts, or if you would like this list emailed to you please contact: Paulette H: phone 716-465-3127 or photchikiss55@yahoo.com